

WHAT TO EXPECT

- You may experience some mild to moderate pink to redness that should subside within 2-4 hours.
- Depending on the area treated you may experience some mild “aching,” similar to a muscle ache after a workout. This should resolve in 2-3 days. If it does not, please contact your provider.

ACTIVITY

- You may return to your normal daily activities immediately.
- Adequate hydration is encouraged for optimal results of your treatment.
- Avoid tanning beds for 24 hours after treatment.
- Soothing, non irritating creams and moisturizers may be used.

CALL YOUR DOCTOR

- Prolonged discomfort or pain.
- Continued redness or skin irritation greater than 6 hours.
- Develop a rash in the area treated.
- Onset of abnormal bleeding

FOLLOW UP APPOINTMENT

- Every 2-3 weeks after each treatment
- Next appointment: _____

I have read and understand the post-treatment instructions provided.

Signature of Patient

Date

Signature of Witness

Date